# DAILY MOMENTUM PLANNER

Day/Date _____

November 2020

| M | T | W | Th | F | St | Sn |
|---|---|---|---|---|---|---|
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 1 | 2 | 3 | 4 | 5 | 6 |

## TODAY'S PROJECTS
*What will you focus on?*

| | Project | Due Date |
|---|---|---|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |

## SCHEDULED EVENTS
*What is planned for today?*

| Time | Event |
|---|---|
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## TODAY'S SCHEDULE
*When will you do your tasks?*

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## SUPPORTING TASKS
*What do you need to do to complete those projects?*

| | Task | Energy Level | Project |
|---|---|---|---|
| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |

## EMERGENT TASKS
*Sometimes unplanned tasks pop up! Jot them down here.*

| | Task | Energy Level | Project |
|---|---|---|---|
| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |
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| ☐ | | ①②③④ | |
| ☐ | | ①②③④ | |

## NOTES

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