

S.M.A.R.T. Goals

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- S** **Simple** - Is this item easily understandable?
- M** **Meaningful** - Is this item important to do?
- A** **Actionable** - What action will complete this item?
- R** **Realistic** - Is the endpoint achievable with your resources?
- T** **Trackable** - How will progress on this item be tracked?

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