DAILY MOMENTUM PLANNER

Do the right tasks at the right time!

July 2017

M	T	W	Th	F	St	Sn
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

Today's Projects

What will you focus on today?

	Project	Due Date
1		
2		
3		
4		
5		

Scheduled Events

What is already planned for today?

Time	Event

Supporting Tasks

What do you need to do to complete those projects?

	Task	Energy Level	Project
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	

Emergent Tasks

Sometimes unplanned tasks pop up! Jot them down here.

	Task	Energy Level	Project
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	
		1 2 3 4	

Today's Schedule

When will you do your tasks today?

:00
1 :15
2
3 :30
4 :45

:00
1 :15
2
3 :30
4 :45

:00
1 :15
2
3 :30
4 :45

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3 :30
4 :45

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4 :45

:00
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2
3 :30
4 :45

:00
1 :15
2
3 :30
4 :45

Notes

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